

Disaster Crisis Working Group Meeting

STOCKHOLM-SWEDEN

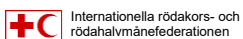
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1 Welcome to the Disaster Crisis Working Group Meeting in Stockholm!

1.1 Basic Information about Stockholm and Sweden

Stockholm is the capital of Sweden and the country's largest city with nearly one million inhabitants. The city stretches across fourteen islands where Lake Mälaren flows into the Baltic Sea. Outside the city to the east, and along the coast, is the island chain of the Stockholm archipelago. This city offers a striking contrast between its medieval Old Town, Gamla Stan, and its cutting-edge architecture and design. Explore the iconic Vasa Museum, showcasing a remarkably preserved 17th-century warship, and immerse yourself in the cultural hub of Djurgården. Stroll along the picturesque waterfront of Gamla Stan, lined with charming cobblestone streets and colorful buildings. Indulge in Swedish cuisine at traditional eateries or trendy restaurants, savoring everything from classic meatballs to contemporary Nordic creations. Discover the city's excellent public transportation, including trams, buses, and ferries, making exploration effortless. Explore the trendy Södermalm district, known for its boutiques, cafes, and panoramic viewpoints. Unwind in the city's numerous parks, like Kungsträdgården, where locals gather for festivals and outdoor events.

In Stockholm, you'll find a perfect blend of history, innovation, and captivating landscapes waiting to be explored.

1.2 Time zone

Stockholm is in the Central European Time Zone (CET)

Stockholm's location just south of the 60th parallel north means that the number of daylight hours is relatively small during winter – about six hours – while in June and the first half of July, the nights are relatively short, with about 18 hours of daylight.


1.3 Electricity

Sweden operates on a 230 V Supply voltage and 50 HZ.

Connector plugs or outlets generally correspond to the European norm. As a precaution, please use fitting adapter.

1.4 Payment Methods in Sweden

Sweden currency is the Swedish Crown (Svenska Krona – SEK) with a change rate of 1 EUR approx. 11,25 SEK as per March 2024. Cash payments are rare in Sweden and other currencies not commonly accepted. You'll quickly notice that Sweden has embraced the concept of a cashless society, making digital payment methods an integral part of daily life. Therefore, it is

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highly recommended to carry a debit contactless card for daily transactions, including transportation payments, as you may find some place where cash payments are not accepted.

1.5 Getting Around Stockholm

Public transportation is very convenient in Stockholm and is the most common method of transportation within the city. A ticket from **SL** <https://sl.se/en/> is valid for **75 minutes** and covers both busses, metro, commuters' trains, a few boats and transfers in between. Departures are frequent, and the metro runs throughout the night. [Stockholm Rail Network Map](#)

Travelcards (SL Access Cards)	Our recommendation (as it is the most convenient) is to get a SL Access card, which is an electronic smart card. You pay a fee of 20 SEK for the card itself and then pre-load it with a desired amount to travel around the city with. You can re-use your card by loading on more and save it for future visits to Stockholm. Buy the card from staffed booths at the station or at corner kiosks like Pressbyrån by the entrance of the metro. Re-load them at the grey/blue machines at every station	20 SEK + 42 SEK/trip
Single journey tickets	Single journey tickets can be bought in various ways: <ul style="list-style-type: none"> • As a mobile ticket with an app in your smart phone. • With your contactless card (Visa, Mastercard or American Express) • With SL credit (reskassa) you have on an SL Access card. • From ticket machines found at Metro and commuter rail stations. • From staff at ticket booths at Metro and commuter rail stations. • At our full-service points, called SL Center, and ticket agents. 	42 SEK
Unlimited travel tickets	If you plan to travel extensively during a short period of time (5 trips and	24 hours: 175 SEK 72 hours: 350 SEK 7 days: 455 SEK

	more/day) the Unlimited Travel ticket is useful.	
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1.6 Safety and Security:

Sweden is a highly advanced post-industrial country located on the Scandinavian Peninsula in Northern Europe. Sweden borders Norway to the west and Finland to the northeast; its southern tip is connected to Denmark by the Oresund Bridge. Stretching above the Arctic Circle and with little arable land, the majority of Sweden's residents inhabit the densely populated southern region. Sweden's economy developed rapidly in the mid-twentieth century due to advancements in the motor vehicle, telecommunications, and pharmaceutical industries. A constitutional monarch, the head of Sweden's royal family, serves as a ceremonial head of state, while a prime minister heads the multiparty democratic government.

Like most Scandinavian countries, Sweden has an excellent infrastructure network, low levels of corruption, and a highly educated work force. Recent spikes in violent crime and targeted low-level bombings by IEDs have been attributed to both organized criminal gangs and deteriorating socioeconomic conditions, which pose a low incidental security threat. As in much of Europe, there are some concerns that militants linked groups such as al-Qaeda or the Islamic State (IS) may carry out attacks in Sweden. However, there are no particular threats to expatriates or travelers to Sweden, and even petty theft remains relatively rare. Civil unrest is also rare and almost always non-violent.

Sweden is a member of the European Union, the European Economic Area (EEA), and the Schengen zone.

In case of Emergency, call 112.

2 Booking your room at the hotel

Hotel: Courtyard by Marriott Stockholm Kungsholmen. [Courtyard by Marriott](#)

The information mentioned below is for colleagues who will be paying themselves and are not sponsored, if you require sponsorship¹, then rooms will be pre booked and arranged for you.

We would like to ask our guests paying for themselves (not sponsored) to access this link to book their room: <https://www.marriott.com/events/start.mi?id=1712149356797&key=GRP>

The payment will be upon arrival.

Hotel offering special group rate: Courtyard Stockholm Kungsholmen for 2,225 SEK per night.

We kindly ask you to book your room by 1st of May and latest 29th of May.

However, if 50% of the rooms were not booked by week 1 and 2, the hotel will have to reallocate the rooms to another guests. **Therefore, we kindly ask you to book ASAP,** even if you did not book your flights yet, but know that you do not have any visa requirement and you are sure you are coming to the meeting.

¹ Please state in the registration form if you require sponsorship.

If the deadline has passed, then guests will have to self-arrange their accommodation, either by contacting the hotel themselves or finding other hotels nearby if this hotel is fully booked. We can offer support in terms of what other accommodations are available.

3 How to get from the airport to Stockholm City

(Please note that you are required to arrange your transportation)

3.1 Arlanda Express

One way to reach Stockholm City is **Arlanda Express**. The trip takes 20-30 minutes.

A short walk away from the arrival hall you can find Arlanda Express train from the airport to Stockholm City Central.

If you have not booked in advance, you can purchase tickets from the yellow ticket vending machines.

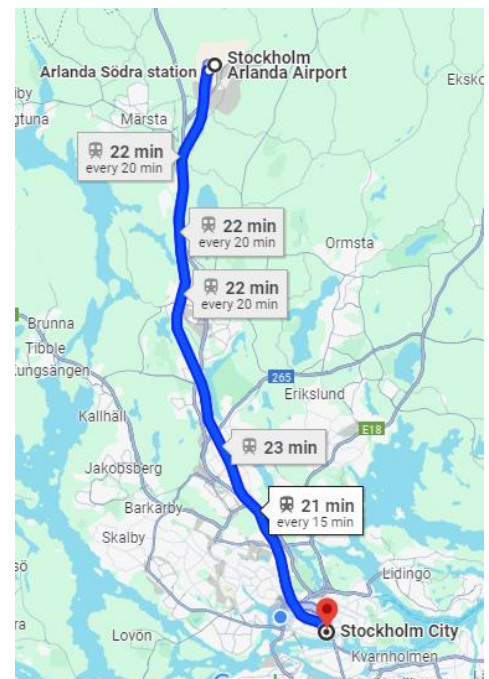
When you book your journey online you do not have to keep track of your paper ticket or receipt. You only need to present the credit card used for the purchase if asked on board the train.

Fares: One-way Ticket Adult: 340 SEK

Fares: Round Ticket Adult: 640 SEK

Please note that: your SL ticket for the **metro and buss (NOT ARLANDA EXPRESS)** can be paid with your contactless card (master card or visa) and the ticket will be purchased, registered on your card and valid for 75 minutes.

<https://www.arlandaexpress.com/>



Arlanda
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3.2 Flygbussarna

Flygbussarna Airport Coaches. The trip takes approximately 35-45 minutes. They offer convenient and comfortable bus services to and from all the major airports in Sweden. You can buy tickets straight from their homepage and validate on the bus or at the information desk in the arrival hall.

Fares: One Way Adult 129 SEK

Fares: Return Ticket Adult 209 SEK

Please note that: your SL ticket for the metro and buss (NOT FLYGBUSSSARNA) can be paid with your contactless card (master card or visa) and the ticket will purchased, registered on your card and valid for 75 minutes.

<https://www.flygbussarna.se/en/>



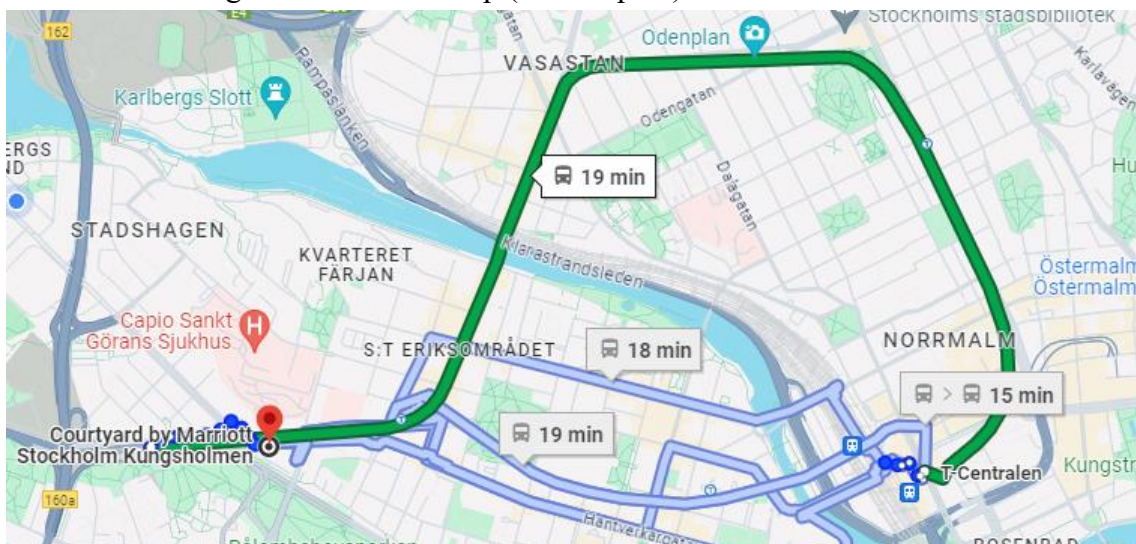
4 How to get to the hotel Courtyard Stockholm Kungsholmen

<https://www.marriott.com/en-us/hotels/stocy-courtyard-stockholm-kungsholmen/overview/>

4.1 From the Central Station:

Taking the green line metro 17 Åkeshov or 18 Hässelby strand

You will need to get off on the 6th stop (Thoridsplan) and walk for about 7 minutes.



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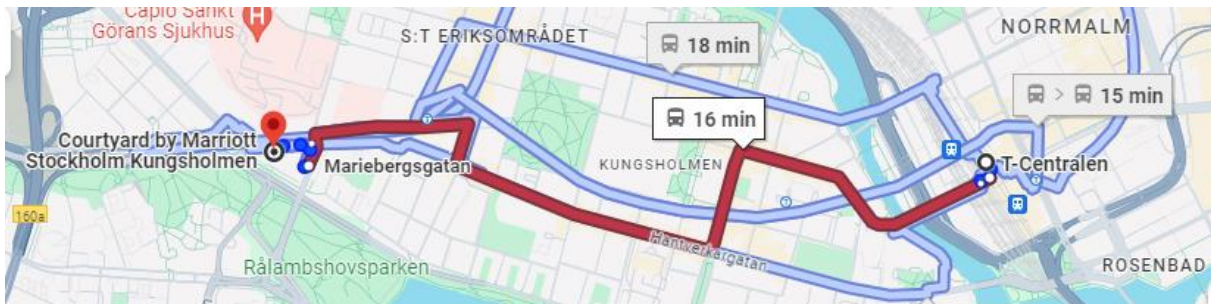
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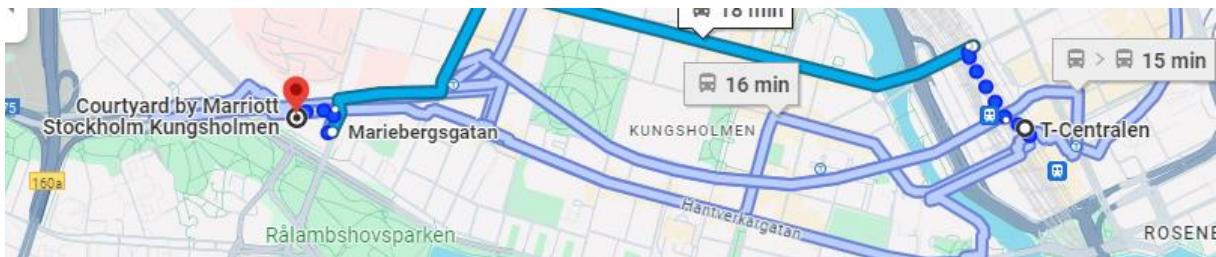
Taking red bus 54 towards Reimersholme

You will need to get off on the 8th stop (Mariebergsgatan) and then walk for about 3 minutes.



Taking the blue bus 1 towards Stora Essingen

You will need to get off on the 6th stop (Mariebergsgatan) and then walk for about 3 minutes.



4.2 From the Airport directly to the hotel:

Taking Arlanda Express to the Central Station:

Please follow the instructions above

Taking Flygbussarna from the airport

The trip takes about 48 minutes and you will need to get off on the 5th stop (Stockholm Västerbroplan) and then walk for about 7 minutes.

5 How to reach the meeting location, the Swedish Red Cross HQ from the Courtyard Stockholm Kungsholmen

The Swedish Red Cross HQ's address is Lindhagensgatan 126- Stockholm- Sweden.

You can reach the meeting place/Swedish Red Cross HQ from the hotel in 3 ways:

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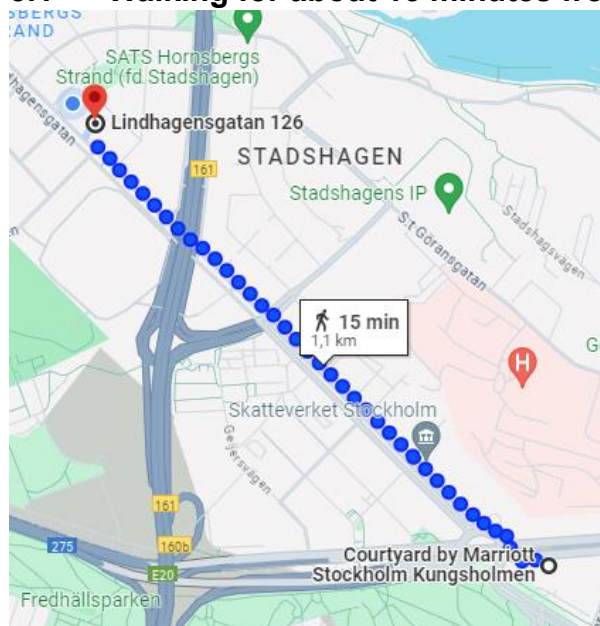
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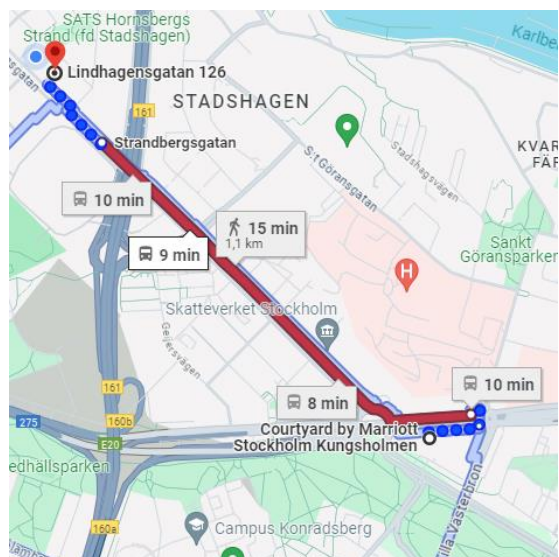
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5.1 Walking for about 15 minutes from the hotel.



5.2 Taking the red bus 74 towards Hornsberg

You will need to get off on the 2nd stop (Strandbergsgatan) and then walk for about 2 minutes. This ride usually takes about 9 minutes.



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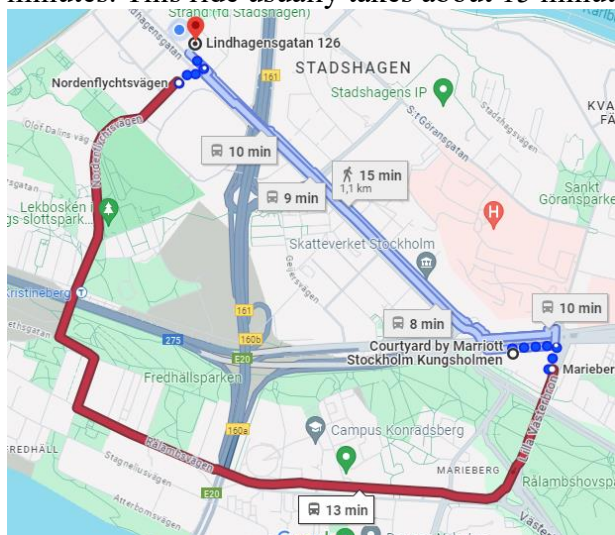
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5.3 Taking the red bus 61 towards Hornsberg

You will need to get off on the 9th stop (Nordenflychtsvägen) and then walk for about 1 minutes. This ride usually takes about 15 minutes.



6 Social Evening

You are kindly invited for dinner on Thursday 13th of June. Time and Place will be confirmed and communicated later.

7 Discovering Stockholm

Here are some of Stockholm's most important sights:

7.1 Gamla Stan:

Gamla Stan is an area of great contrast. It's Stockholm's oldest settlement with many historical buildings and attractions. But it's also an area known for gastronomic innovation and unique shopping. Gamla Stan, or Old Town, is as the name suggests Stockholm's oldest district. Located on an island in the middle of town, the first Stockholm settlement dates back to the middle ages. Most of the buildings are from the 16th and 17th centuries though. The narrow, winding cobblestone streets, with their buildings in different colors, give Gamla Stan its unique character. The area is, more often than not, referred to as a living museum.

Västerlånggatan and Österlånggatan are the district's main streets, but head off the beaten track to get the true feel of the island. There are several beautiful museums and historic attractions here. For example, the Royal Palace, The Stockholm Cathedral, The Medieval Museum, The Jewish Museum, The Nobel Prize Museum, and The Royal Armoury. If you're in the mood for a guided tour with a historic twist, Gamla Stan is also a great place to start. For example through Stockholm Ghost Walk's spooky tours or the City Museum's self-guided Stockholm 1793 City Walk.

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7.2 The City Hall:

Stockholm City Hall, with its spire featuring the golden Three Crowns, is one of the most famous silhouettes in Stockholm. It is one of the country's leading examples of national romanticism in architecture. The City Hall was designed by architect Ragnar Östberg and is built from eight million bricks. The 106-meter tall tower has three crowns, which is the Swedish national coat of arms, at its apex. Behind the magnificent facades are offices and session halls for politicians and officials, as well as splendid assembly rooms and unique works of art. Stockholm's municipal council meets in Rådssalen, the Council Chamber.

The great Nobel banquet is also held at City Hall. After dinner in Blå Hallen, the Blue Hall, Nobel Prize laureates, royalties, and guests dance in Gyllene Salen, the Golden Hall, with its 18 million gold mosaic tiles. The City Hall shop features specially designed souvenirs and presents that commemorate City Hall and Stockholm. The City Hall is open to the public through guided tours only. Guided tours are held daily in Swedish and English at certain hours and can be canceled with short notice due to events. The tower is open during the summer months (May to September). During this period, you can climb up inside the tower and enjoy a fantastic view of the city.

[Link in Google Maps](#)

7.3 Monteliusvägen:

A 500-meter long (quarter mile) walking path with a magnificent view of Lake Mälaren, Stockholm City Hall, and Riddarholmen, especially at sunrise and sunset. The path is lined with charming houses on one side and a beautiful view on the other. There is, of course, a safety rail on the path.

[Link in Google Maps](#)

7.4 The Vasa Musuem:

The Vasa is the best-preserved seventeenth-century ship in the world and a unique art treasure. More than 98 percent of the ship is original, and it is decorated with hundreds of carved sculptures.

The 69 meter-long warship Vasa sank on its maiden voyage in Stockholm harbor in 1628 and was salvaged 333 years later in 1961. For nearly half a century the ship has been slowly, deliberately, and painstakingly restored to a state approaching its original glory. The three masts on the roof of the tailor-made museum show the height of the ship's original masts.

There are different exhibitions around the ship ranging from topics like life on board and its historical context. The film about the Vasa is shown in different languages. There is also an audio guide in different languages, to be used by visitors on their own mobile devices. The museum has free Wi-Fi. In addition, there is a well-stocked shop and a pleasant restaurant for lunch and fika.

[Link in Google Maps](#)

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7.5 The Nobel Prize Museum:

Be inspired by ideas that changed the world. The Nobel Prize Museum contains all essential information about the most prestigious prize in the world, Alfred Nobel, and the Nobel Laureates. Guided tours, films, and diverse objects take you from idea to the Nobel Banquet. Bistro serving lunch, Nobel ice cream and more. Shop.

[Link in Google Maps](#)

7.6 Stockholm's Archipelago:

Just a few minutes away from the city of Stockholm, the archipelago begins. With nearly 30,000 islands, islets and rocks - from Öregrund in the north to Landsort in the south - each with its own character. Rugged nature blends with wooded islands, rocky cliffs and sandy beaches. Enjoy tranquil coves or the open sea where waves can go high. Explore uninhabited islets as well as islands with new communities and ancient villages, where large houses and small cottages stand side by side.

[Link in Google Maps](#)

7.7 Abba Museum:

ABBA The Museum is more than just a museum. Sure, the permanent exhibition is chock full of ABBA memorabilia like stage outfits, instruments, gold records, awards, and much more. But it's also an interactive experience that invites you to sing, dance, mix music and become the fifth member of ABBA on their big stage.

[Link in Google Maps](#)

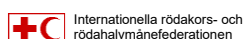
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